

Residential Placement Options

Amy Torres
Residential Care Specialist

1

New York City Chapter

alzheimer's  association®

Adult Homes

- Room and board, housekeeping, personal care and basic case management services.
- Some AHs in NYC have an Assisted Living Program (ALP) license which allows residents to stay in the home as his or her needs increase.
- Placement: A medical evaluation, and disclosure of any major health problems and prescribed treatment.
- Cost: Private pay or within the SSI rate.

Assisted Living Facilities

- Residences for older adults that provide room and board, home health care services, activities and some social supports.
- Assisted Living Facilities do not accept Medicare or Medicaid as payment options. Some ALFs are better equipped than others to provide care for someone as his/her needs increase.
- Placement: A medical evaluation, interview process and disclosure of income and assets.
- Cost: Private pay rates can range from \$5,500 – \$6,500 although Dementia care can begin at \$11,000 per month

Nursing Homes

- **Licensed 24 hour skilled nursing facilities that provide the highest level of medical care in a residential setting.**
- **Commonly, nursing homes are the only option available to a person with dementia who requires extensive supervision and medical services.**
- **Placement: PRI based**
- **Cost: Private pay or via Institutional Medicaid**

Managed Long Term Care

- **Currently MLTC is an optional program that's available in NYS to anyone who is chronically ill and/or has a disability.**
- **The programs must provide case managers, arrange and pay for most of your health and social services and accept Medicaid (and if approved by CMS) Medicare payment.**
- **The 2001 budget makes MLTC mandatory for any adult (over 21) who needs home, community and Long term care services for more than 120 days.**
- **Plans are required to contract with a minimum of two Nursing Homes.**

Challenges with Placement within the Asian Community

- Acknowledging the need for nursing home placement.
- Seeking services in a timely fashion.
- Finding placement in a culturally appropriate setting.